

Extension Activity Sheet

Thank you for checking out our kit! The following suggestions are provided to assist you in your family’s exploration of animals based on our theme of Tales and Tails. We hope you use these resources to continue habits of learning, curiosity, and reading.

Recommended Additional Titles

See also our curated list for related titles, available at: [www.perry.owwl.org](http://www.perry.owwl.org) or by stopping into the library.

Sleep, Bear! by Shelby Alinsky

Goldilocks Returns by Lisa Campbell Ernst

Polar Bear Family Adventures by Bonnie Kalman

Touching Spirit Bear by Ben Mikaelsen

Panda Bear, Panda Bear, What Do You See? By Bill Martin & Eric Carle

Recommended Online Resources

These links and videos have been reviewed before selection, but please consider reviewing them before allowing your child to view them.

<https://bear.org/bear-facts/black-bears/basic-bear-facts/>

Facts and discussion about black bears, brown or grizzly bears, and polar bears.

<https://kids.sandiegozoowildlifealliance.org/animals/andean-bear>

[https://kids.sandiegozoowildlifealliance.org/animals/brown-bear](https://kids.sandiegozoowildlifealliance.org/animals/brown-bear%5C)

<https://kids.sandiegozoowildlifealliance.org/animals/polar-bear>

<https://kids.sandiegozoowildlifealliance.org/animals/sloth-bear>

<https://kids.sandiegozoowildlifealliance.org/animals/giant-panda>

San Diego Zoo links all about bears!

<https://www.youtube.com/watch?v=U8xvlmdWtMs&t=12s> <https://www.youtube.com/watch?v=XdCaBF8NJ00>

<https://www.youtube.com/watch?v=rJI6qIyA0WM>

National Geographic for Kids featuring Bears!

<https://www.youtube.com/watch?v=qdSVMkqVCos&t=30s>

Latest update from the Buffalo Zoo about Luna, their polar bear

Fork Painted Bear

Paint- black, brown or white

Paper

Markers or crayons

Fork

Scissors

Glue

Optional: Googly eyes

1. Decide which kind of bear you want to paint! White for a polar bear, black for black bears, brown for grizzly bears.
2. Paint your bear with a fork. Generally, the end shape should be round for the bear’s face but you could also make the whole bear using this technique. It might be helpful to trace an outline so that you know where the painting should end. Let dry completely.
3. Trace face details (ears, nose, mouth) for your bear and cut out. Color will vary depending on which bear you decide to make!
4. Glue on your face details. Add your optional googly eyes or cut eyes from paper.

Teddy Bear Picnic or Tea Party

Pack a picnic to take to the park or in your yard. You could also do this as a tea party inside! Luckily, bears are omnivores (eat both plants and meat), so that should make it easy to pack a lunch. They eat berries and fruit, tubers like potatoes or yams as well as others, mushrooms, and any kind of meat they can find.

Make sure to bring your teddy bears (or other stuffed animals) and serve them as well. This is a perfect time to share memories about stuffed animals you had as a child or stories about where the stuffed animals attending the tea came to live with your family.

Bear information from <https://www.fws.gov/mountain-prairie/es/grizzlyBearHistoryHabitatDiet.php>

Five Little Bears

(Follow the motions either with your whole body or using your finger!)

Five little bears were dancing on the floor

One fell down and that left four.

Four little bears climbed up a tree

One found a bee hive and that left three.

Three little bears were wondering what to do

One chased a bunny rabbit that left two.

Two little bears were looking for some fun

One took a swim that left one.

One little bear sitting all alone

He looked all around and then ran home.

*Dance around*

*Fall down*

*Pretend to climb*

*Pretend to eat honey (bears love it!)*

*Shrug your shoulders*

*Pretend to run after a rabbit*

*Put hand over eyes and look around*

*Pretend to swim*

*Sit down and look sad*

*Look around and slowly run away*